

## Student Writing Contest Rules and Regulations

1. There are two categories for entries:
  - a. Medical Student: Entrants must currently be medical students at a Canadian medical school.
  - b. Postgraduate Trainee: Entrants must have an MD, and currently be pursuing either residency training or fellowship training in a program based at a Canadian medical school.

Entrants should indicate whether they are a medical student or a resident/fellow, and at which medical school they are based.

2. The maximum word count is 2,000 words. This does not include title, bibliography, or references. Please do not include an abstract. Entries can be submitted as Word or PDF attachments, or as web links to Word and PDF documents
3. Acceptable formats for submissions include poetry, prose, short story, graphic novella, play, and reflective essay. Other forms of creative writing may also be considered.
4. In each category, one winner will receive \$100; exceptionally, in a category, 2 winners may each receive \$100. Judges reserve the right to not award First Place, in which case the prize may be awarded to one or more Honorable Mentions in the category. Faculty and a resident from the Dalhousie Department of Psychiatry and creative writers teaching at Dalhousie University will act as judges. The decision of the judges is final.
5. To ensure confidentiality is maintained, patients and anyone else described in essays, stories or poems *must* be fictional or composite characters (with the exception of the narrator him/herself). For reasons of transparency and accountability, winning entries cannot be published anonymously or under a pseudonym.
6. Entries must not be previously published, and must not already have been awarded first place in a writing competition.
7. Multiple submissions will not be considered. However, a single entry may include more than one work (e.g. 2 or more short poems) as long as the total word count for the entry does not exceed 2,000 words.
8. Entries must be submitted in English.

9. Winning entries will appear in the Dalhousie Department of Psychiatry newsletter and on the Dalhousie Department of Psychiatry website.